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Title: Risk factors determining the outcomes in femoral neck fractures treated with internal fixation

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1 **Risk factors determining the outcomes in femoral neck fractures treated with**  
2 **internal fixation**

3 **Abstract:**

4 **Objectives:** to determine *the* risk factors determining the radiological outcomes in  
5 femoral neck fractures treated with internal fixation.

6 **Design:** both prospective and retrospective study.

7 **Setting:** level 1 trauma centre.

8 **Patients/Participants:** 108 patients treated at a single institution for femoral neck  
9 fractures in whom the femoral head has been preserved and with a minimum follow-up  
10 of 1 year were included.

11 **Intervention:** The patients with femoral neck fractures treated with cannulated screws,  
12 dynamic hip screws and reconstruction nails were identified and included in the study.

13 **Main Outcome Measurements:** Preoperative displacement, post-operative  
14 displacement, type of reduction (closed vs open), Pauwels angle, Gardens fracture type  
15 and time to fixation was gathered from the patient notes and correlated with the  
16 outcomes of non-union and avascular necrosis (AVN).

17 **Results:** The mean follow-up was 42 months (12-190 months). 5(4.6%) patients  
18 developed non-union at the end of follow-up. Higher preoperative displacement and  
19 postoperative displacement was significantly associated with higher occurrence of non-  
20 union ( $p < 0.05$ ). The type of reduction did not affect the outcome of non-union. 16

21 (14.8%) patients developed AVN at the end of follow-up. Higher preoperative

22 displacement, postoperative displacement ,open reduction and percutaneous screw  
23 fixation (as opposed to closed reduction and percutaneous screw fixation) and gardens  
24 fracture type was significantly associated with higher occurrence of AVN ( $p<0.05$ ). Open  
25 reduction decreased the risk of AVN only in the setting of perfect anatomic reduction.  
26 Pauwels angle and age did not significantly affect either AVN or non-union. Of 35  
27 patients with perfect anatomic reduction only 1 (2.8%) patient developed non-union and  
28 2 (5.6%) patients developed AVN. When the post-operative displacement (in mm) was  
29 compartmentalized into 0-5,6-10,11-15, >15 the incidence rate of non-union was  
30 1.2%(1/82), 8.3%(1/12), 11%(1/9), 40%(2/5) respectively. Similarly when the post-  
31 operative displacement (in mm) was compartmentalized into 0-5, 6-10, 11-15, >15 the  
32 incidence rate of AVN was 6 %( 5/82), 8.3 %( 1/12), 55 %( 5/9) and 100% (5/5)  
33 respectively.

34 **Conclusion:** Perfect post-operative anatomic reduction reduces the incidence of AVN  
35 and non-union in femoral neck fractures where the head has been conserved. Higher  
36 post-operative displacement increases the incidence of both non-union and AVN. Open  
37 reduction may be a risk factor for the development of AVN unless perfect anatomic  
38 reduction is achieved.

39 **Keywords:** femoral neck fractures, internal fixation, avascular necrosis, non-union, risk  
40 factors.

41 **Running title:** risk factors in femoral neck fracture

**43 Introduction:**

44 Femoral neck fractures have a bimodal distribution and are extremely common fractures  
45 in the elderly due to low energy injuries, but they also occur in the younger age patients  
46 mostly due to high energy injuries. The inclination in the management of these fractures  
47 in the younger patients is laid on preserving the femoral head using internal fixation  
48 techniques such as cannulated screws, dynamic hip screws (DHS) and reconstruction  
49 nailings.<sup>1 2 3,4</sup>

50 The risk factors after internal fixation for neck of femur fractures have not been  
51 studied in depth and there is a paucity of literature analyzing these fractures in younger  
52 patients. The special need to preserve the head of femur in younger patients, results in  
53 complications like osteonecrosis and non-union, which is not seen in older patients who  
54 are managed with prosthetic replacement. These complications lead to considerable  
55 morbidity and are usually managed by revision surgeries like total hip arthroplasty,  
56 which when done in younger patients, will ultimately lead to further revisions.

57 There have been studies on the effect of preoperative displacement<sup>2 5</sup> and time  
58 to fixation<sup>6</sup> on the outcomes of non-union and avascular necrosis, but the results have  
59 been mixed.

60 An in-depth analysis of various factors like preoperative displacement, post-  
61 operative displacement, type of reduction, Pauwels angle, Gardens fracture type and  
62 time to fixation when studied in the backdrop of the complications like osteonecrosis

63 and non –union may shed more light into the bio-mechanics, complications and  
64 prognosis of these fractures.

65 The femoral head has a unique distal to proximal blood supply which makes it  
66 more prone to develop non-union and AVN once the blood supply has been disrupted  
67 by a fracture. So we hypothesized that the postoperative displacement (perfect  
68 anatomic reduction) may be more important than the preoperative displacement.

69 We studied some of the main risk factors, which may determine the radiological  
70 outcomes in femoral neck fractures, treated with internal fixation in the setting of a level  
71 -1 trauma center.

72

### 73 **Materials and methods:**

74 This study was approved by Institutional Review Board and was done at a level -1  
75 trauma center. This is both a retrospective and prospective study including patients  
76 between January 2000 to December 2006 treated at our institution with cannulated  
77 screws, DHS and reconstruction nailing for femoral neck fractures. Only those patients  
78 with a minimum follow-up of 2 years and with documented preoperative and post-  
79 operative x-ray films were included in the study. Thus 108 patients (out of 138 patients  
80 treated) who fit the criteria were identified and included in the study. A retrospective  
81 chart review was done and relevant variables like preoperative displacement,  
82 postoperative displacement, type of reduction, time to fixation, Pauwels angle and  
83 Gardens fracture type were gathered from the patient notes and x-rays. A prospective

84 limb for the study was also established and the subjects were followed up for a  
85 minimum of 1 year.

86 Preoperative displacement (in mm) was assessed using an electronic ruler on  
87 the preoperative antero-posterior (AP) and lateral hip x-ray. Immediate postoperative  
88 AP and lateral views of the hip were used to measure the postoperative displacement.  
89 The postop displacement was compartmentalized into 0-5, 6-10, 11-15, and >15 mm to  
90 correlate the significance with the outcome variables.

91 Similarly Pauwels angle was measured using the preoperative AP pelvic views  
92 and was graded as I (<30 degree),II (30-55 degrees) and III (>55 degrees) as described  
93 by Pauwel. Gardens fracture type was assessed by preoperative AP pelvic views and  
94 classified as type 1, 2, 3 and 4 as described <sup>7</sup>. Gardens type 1&2 were considered  
95 undisplaced and type 3 &4 were considered displaced.

96 Time to fixation was assessed from the time of injury to the start of operative  
97 procedure for the femoral neck fracture. Orthopedic trauma association (OTA)  
98 classification system was used to classify the fractures as subcapital, transcervical and  
99 basicervical . The decision to use a specific implant, operative approach and the need  
100 to open the fracture site was determined by the surgeon and varied widely (Table 1). All  
101 the patients who received reconstruction nails had ipsilateral femoral shaft fracture (19  
102 patients).

103 Closed reduction was defined as reduction achieved by not visualizing the  
104 fracture site and open reduction was defined as any reduction which was attained by

105 visualizing the fracture site. Closed reduction was either followed by percutaneous  
106 screw fixation or DHS placement. In all the patients who received DHS, reduction was  
107 achieved by closed means. But for statistical analysis between open and closed  
108 reduction only percutaneous screw fixation was included to minimize the confounding  
109 by the type of implant.

110 The outcome variables were non-union and AVN. Non-union was defined as the  
111 failure of fixation due to loss of reduction, implant failure or visibility of fracture line at a  
112 minimum of six months after the primary procedure. AVN was assessed radiologically  
113 with the method described by Ficat<sup>8</sup>.

114 Two-sample Wilcoxon rank-sum (Mann-Whitney) test and Pearson chi-square  
115 were used to correlate the statistical significance between the risk factors and the  
116 outcome variables. The significance level was set at  $p < 0.05$ . Statistical analysis was  
117 done using the software STATA (STATA Corp, College Station, TX)

118

## 119 **Results:**

120 Patient characteristics:

121 The mean follow-up was 42 months (12-190 months). There were 72 male and 32  
122 female patients. The mode of injury ranged from fall, motor vehicle accident, sports  
123 injury, assault to gunshot injuries (Table 1). Most of the patients were treated with  
124 closed reduction and percutaneous screws (60%) and the fracture site was opened only  
125 when there was difficulty in reduction (12%)(Table 1). The number of cannulated screws

126 used ranged from 3(71 patients),4(5),5(2) and were usually placed in a triangular  
127 fashion.19 (18%)patients received reconstruction nails and all of them had a ipsilateral  
128 femoral shaft fracture.6 patients received DHS and 5 patients received DHS with a  
129 derotation screw. The Gardens fracture type, OTA fracture type and Pauwels angle  
130 were assessed and this data was eventually used in the analysis (Table 1). The time to  
131 fixation was compartmentalized into <12, 12-24,24-48,48-72 and >72 hrs (table 1), and  
132 most of the patients were operated within a day (78%).

133

134 Patient outcomes:

135 5(4.6%) patients developed non-union at the end of follow-up. Higher postoperative  
136 displacement was associated with significantly higher rate of non-union ( $p<0.05$ ) (Table  
137 2). Out of 35 patients with perfect anatomic reduction (0 mm) only 1 (2.8%) developed  
138 non-union. When the post-operative displacement (in mm) were compartmentalized into  
139 0-5,6-10,11-15, >15 the incidence rate of non-union was 1.2%(1/82), 8.3%(1/12),  
140 11%(1/9), 40%(2/5) respectively (Table 2). When the risk of developing non-union was  
141 compared between the 0-5 mm group and the rest of the group the hazard ratio was 1.9  
142 (Table 4).

143 Pre-operative displacement was a significant risk factor for the development of non-  
144 union ( $p<0.05$ ) (Table 2) and was treated as a continuous variable. Gardens fracture  
145 type was not a risk factor for the development of non-union. The incidence of non-union  
146 in undisplaced fractures and displaced fractures were 1/32 (3%) and 4/76(4%)  
147 respectively. Time to fixation, OTA fracture type, age and Pauwels angle were not



148 significant risk factors (Table 2).The type of reduction(closed vs open) did not make any  
149 difference to the development of non-union (table 5).

150 16 (14.8%) patients developed AVN at the end of follow-up. Pre-operative displacement  
151 was a significant risk factor for the development of AVN ( $p<0.05$ ) (Table 3) and was  
152 treated as a continuous variable. Gardens fracture type was also a risk factor for the  
153 development of AVN with higher fracture type developing more AVN (Table 3). The  
154 incidence of AVN in undisplaced fractures and displaced fractures were 1/32 (3%) and  
155 15/76(19%) respectively. Time to fixation, OTA fracture type, age and Pauwels angle  
156 were not significant risk factors (table 3).

157 Higher postoperative displacement was associated with significantly higher rate of AVN  
158 ( $p<0.05$ ) (Table 3). Out of 35 patients with perfect anatomic reduction only 2 (5.6%)  
159 patients developed AVN. When the post-operative displacement (in mm) was  
160 compartmentalized into 0-5, 6-10, 11-15, >15 the incidence rate of AVN was 6 % ( 5/82),  
161 8.3 % ( 1/12), 55 % ( 5/9) and 100% (5/5) respectively (Table 3). When the risk of  
162 developing AVN was compared between the 0-5 mm group and the rest of the group  
163 the hazard ratio was 3.9. (Table 4).The Ficat grading of AVN was 7(44%),7(44%) and 2  
164 (12%) for grades 1,2 and 3.None of the patients developed grade 4 AVN.

165 Open reduction and percutaneous screw fixation was a risk factor for the development  
166 of AVN as opposed to closed reduction and percutaneous screw fixation( $p<0.05$ ) (table  
167 6).When the post-op displacement was compartmentalized into undisplaced (0mm) ,1-  
168 5mm,6-10mm,11-15mm and >15 mm and factored with the type of reduction ,open  
169 reduction decreased the risk of AVN if perfect anatomic reduction was achieved(table

170 7).If perfect anatomic reduction was not achieved ,closed reduction fared better in the  
171 preventing AVN. We found a trend that showed, if the post-op displacement after open  
172 reduction was greater, there was a higher risk of AVN, though this was not statistically  
173 significant (table 7).

174 Associated injuries include 22 femoral shaft fractures, 3 tibial fractures, 2 calcaneal  
175 injuries, 2 upper limb fractures, 1 acetabular fracture, 1 thoracic injury, and 1 severe  
176 head injury.

177 All the patients in the grade 1&2 Ficat classification were treated conservatively and  
178 were asymptomatic at the last follow-up. Both the patients with grade 3 AVN were  
179 treated with total hip arthroplasty.

180 3 patients with non-union were treated with total hip arthroplasty, 1 with  
181 hemiarthroplasty and 1 patient was treated with valgus intertrochanteric osteotomy and  
182 the non-union healed well in 12 weeks.

183 The complications following the surgery included varus collapse and varus malunion (2  
184 patients), abductor weakness (1),trochanteric bursitis(1),leg length discrepancy  
185 (6),heterotrophic calcification (1),valgus impaction(1) and chronic hip pain (1).

186

## 187 **Discussion:**

188 Femoral neck fractures pose a great orthopedic challenge when trying to preserve the  
189 femoral head. The results of treatment have not been reported properly. The blood

190 supply of the femoral head is quite precarious and early anatomic reduction, stable  
191 fixation and compression of the fracture usually promotes fracture union, however  
192 complications like non-union and AVN still do occur. Many groups<sup>9 2 6 5 10 11 12</sup> have  
193 studied the results of femoral neck fractures treated with internal fixation techniques ,but  
194 the risk factors for the outcome have not been consistently studied(table 7).

195           The incidence of non-union is reported to be around 3% to 36%, with  
196 many around 20%<sup>11 5</sup> (Table 8) depending mainly on the degree of displacement and  
197 stability of the reduction achieved. Haidukewych et al in their analysis found an overall  
198 non-union incidence of 8% and the incidence in displaced and un-displaced was 10%  
199 and 4.5% respectively<sup>2</sup>.Tooke et al in their series analyzing 32 patients with femoral  
200 neck fractures treated with cannulated screws found an overall incidence of 3% of non-  
201 union and a 5.5 % in Garden type 3 and 4 fractures<sup>11</sup>.Lu-yao et al did a meta -analysis  
202 of 106 reports of femoral neck fractures and reported an incidence rate of non-union as  
203 23% to 37%<sup>13</sup>.While most of the groups (Table 8) have analysed the role of OTA  
204 fracture type and Gardens fracture type in promoting non-union , we felt post operative  
205 reduction is the main risk factor because of the adequacy of perfect anatomic reduction.  
206 We found anatomic reduction significantly reduces the incidence of nonunion when the  
207 postop displacement was treated both as a continuous variable and when  
208 compartmentalized into 5mm increments. This correlates with a previous study from  
209 Mayo clinic who studied the postop displacement and angle of reduction<sup>2</sup>.

210           Our analysis shows that time to fixation is not a risk factor for the development of  
211 non-union nor were type of reduction, pauwels angle, gardens fracture type, OTA

212 fracture type or age. The relevance of pauwels angle to the radiological outcome has  
213 been questioned by many <sup>14,15</sup> lately and its continued use in determining the  
214 radiological outcome should be guarded ,as its validity is yet to be studied in depth.

215 Incidence of AVN following internal fixation has been reported to be 11-36%<sup>9 10</sup>  
216 (table 8) depending mainly on the degree of displacement and time lag to fixation. In a  
217 retrospective study conducted at the Mayo clinic involving 83 femoral neck fractures in  
218 the age group 15 to 50 years the overall incidence of osteonecrosis was 23% and the  
219 incidence in displaced vesus undisplaced fractures were 27% and 14% respectively <sup>2</sup>.  
220 Another retrospective study conducted by Asnis et al analyzing 141 patients with  
221 fracture neck of femur treated with cannulated screws the overall incidence of  
222 osteonecrosis was 22% and the incidence in displaced and undisplaced fractures were  
223 20% and 16% respectively <sup>9</sup>.Jakob et al also found a statistically significant difference in  
224 the development of avascular necrosis between displaced and undisplaced fractures in  
225 a cohort of 71 patients<sup>5</sup>.We established that postoperative displacement significantly  
226 reduces the occurrence of AVN, which is indubitable in the hazard ratio of 3.9 when the  
227 incidence is compared between 0-5 mm group vs the rest of the group (table 4). This  
228 further stresses the importance of perfect anatomic reduction in preventing AVN. Our  
229 results show that first signs of AVN occurred at an average of 11.25 months (5-20  
230 months) (fig 1).

231 Open reduction of the fracture site may disrupt the medial circumflex femoral  
232 artery blood supply to the femoral head and predispose to the development of AVN .Our  
233 results (table 6) clearly show that open reduction increases the incidence of AVN. The

234 only instances where open reduction fared much better than closed reduction was when  
235 perfect anatomic reduction was achieved(table 7). Also the trend towards increasing the  
236 risk of AVN was higher as the post-op displacement was higher after open reduction.  
237 This has not been shown before by any group and requires further studies. Thus every  
238 attempt should be made by the surgeon to fix the fracture by closed means, and only  
239 venturing to open the fracture site if the reduction is not anatomical. Also every attempt  
240 should be made to achieve anatomic reduction if the fracture site is opened, to minimize  
241 the risk of AVN.

242 Gardens fracture type significantly influenced the development of AVN which was  
243 concurred by most other studies<sup>9 2 5 11</sup>. This can be explained by the disruption of blood  
244 supply when the fracture is more displaced and rotated. Time to fixation was shown to  
245 be insignificant in the development of AVN. This contradicts the Toronto study which  
246 showed that delayed surgical fixation of subcapital fractures was associated with a  
247 higher rate of AVN<sup>6</sup>. The difference between the studies such as inclusion of only the  
248 subcapital fractures in their study, as compared to all femoral neck fractures in our study  
249 may be one of the reason for discord. Also the time line of compartmentalization was  
250 different in both the studies. We recently fixed a grossly displaced femoral neck fracture  
251 which was 242 days old after the injury but still did not develop AVN (case report waiting  
252 to be published). Thus more studies need to be done to come to a more concrete  
253 conclusion.

254 An ipsilateral femoral shaft fracture with concurrent femoral neck fractures was a  
255 special sub-group we encountered, which used recon nails for the treatment. Of the 22

256 patients who had this condition only 19 cases were treated with recon nailing, due to the  
257 fact that 3 femoral neck fractures were missed in the initial diagnosis due to the hairline  
258 nature of the fracture. Thus the practice to routinely use fluoroscopy to screen the  
259 femoral neck during any intramedullary nailing for femoral shaft fractures cannot be  
260 overstressed. Tornetta in a recent study came up with a standard protocol which  
261 showed that evaluation of femoral neck with fine-cut computed tomography and  
262 dedicated internal rotation hip radiographs considerably improved the diagnostic ability  
263 of an associated femoral neck fracture in the presence of a femoral shaft fracture <sup>16</sup> .  
264 The non-union rate in this sub-group was 1/22(4.5%) which is comparable to the overall  
265 non-union rate (5%).The AVN rate (9%) was significantly lower than the overall AVN  
266 rate (15%).This may be due to the fact that most of the energy causing the fractures is  
267 dissipated to the femoral shaft fractures thus relatively protecting the femoral neck from  
268 severe damage. Swiontkowski ,in his literature review of these type of fractures showed  
269 an non-union rate of 5% and AVN rate of 15%.<sup>3</sup>.

270           One of the major finding of the study is the importance of perfect anatomic  
271 reduction to prevent the occurrence of non-union and AVN .This is more so when open  
272 reduction is performed. It is also noteworthy that perfect anatomic reduction can lead to  
273 AVN as occurred in nearly 6% of our cases .This may be due to other causes such as  
274 vessel injury at the time of the accident or during the surgery. More studies in this realm  
275 will give us a specific threshold post operative displacement, which may predict the  
276 occurrence of AVN and guide the surgeon as to what to expect from the operative  
277 results. Also further studies can put forth a new classification system based on the  
278 postoperative displacement that may predict the outcome of AVN in a reproducible

279 manner. This might lead to a treatment algorithm combining different factors that  
280 influence failure following the surgery so that the clinician can discern the proper  
281 treatment protocol when faced with these clinical scenarios. Another interesting study  
282 will be measuring the post-op shortening of the femoral neck and its significance in  
283 causing non-union and AVN. In addition measuring the post-op displacement at 1 year,  
284 may give an idea about the role of weight bearing in changing the reduction and leading  
285 to non-union /AVN.

286         The major limitations of our study include: the largely retrospective nature of the  
287 study, the involvement of multiple surgeons which in itself is a confounding factor and  
288 the use of a patient database not specifically designed for research but mainly for  
289 patient care. Strengths of our study include the relatively large number of patients  
290 treated at our institution with long follow-up, which led to good power for the study and  
291 accurate rates of non-union and AVN.

292 Summary: The future management of femoral neck fractures may be revolutionized by  
293 the development of newer implants but the basic concepts of fracture fixation like quality  
294 of reduction and stability will still hold good in treating these extremely challenging  
295 fractures.

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Gender		300
Male	76(70)	
Female	32 (30)	
Mode of injury		301
Fall	32 (30)	
Motor vehicle accident	72 (66)	
Sports injury	2 (2)	302
Assault	1 (1)	
Gunshot	1 (1)	303
Laterality		
Left	63 (58)	
Right	45 (42)	304
Type of fracture		
Basicervical	47 (44)	
transcervical	42 (38)	305
Subcapital	19 (18)	
Gardens fracture type		
1	16 (15)	306
2	16 (15)	
3	57 (53)	307
4	19 (17)	
Treatment		
Closed reduction with percutaneous screws	65 (60)	308
Open reduction with percutaneous screws	13 (12)	309
DHS	6 (5.5)	
Recon nail	19 (17.5)	310
DHS+cannulated screws	5 (5)	
Pauwels angle		311
1	44 (40)	
2	37 (34)	
3	27 (26)	312
Time to fixation(hrs)		
<12	16 (15)	313
12-24	68 (63)	
24-48	16 (15)	314
48-72	6 (5)	315
>72	2 (2)	316

TABLE 1: Patient characteristics of the patients involved in the study.(% in parentheses)

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Risk factors	NON-UNION	p-value
Post-operative displacement (mm)		
0-5	1/82(1.2)	<b>0.0226</b>
6-10	1/12(8.3)	
11-15	1/9(11)	
>15	2/5(40)	
Time to fixation		0.0691
<12 hrs	2/16(12.5)	
12-24 hrs	1/68 (1.4)	
>24-48 hrs	1/16 (6.25)	
>48 hrs	1/8 (12.5)	
Gardens fracture type		0.0757
1	1/16 (6.25)	
2	0/16 (0)	
3	1/57(1.7)	
4	3/19 (15.7)	
OTA fracture type		0.844
Subcapital	1/18 (5.5)	
Transcervical	1/42 (2.3)	
Basicervical	3/48 (6.25)	
Pauwels angle		0.950
I	2/44 (4.5)	
II	2/37 (5.4)	
III	1/27 (3.7)	
Preoperative displacement(mm)	Continuous variable	<b>0.0438</b>
Age	Continuous variable	0.0716

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320 Table 2

321 Different Risk factors correlated with non-union.(% in parentheses)

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Risk factors	AVN	p-value
Post-operative displacement(mm)		
0-5	5/82 (6)	<b>0.0000</b>
6-10	1/12 (8.3)	
11-15	5/9 (55)	
>15	5/5 (100)	
Time to fixation		0.6972
<12 hrs	4/16 (25)	
12-24 hrs	8/68 (11.7)	
>24-48 hrs	4/16 (25)	
>48 hrs	0/8 (0)	
Gardens fracture type		<b>0.0002</b>
1	1/16 (6.25)	
2	0/16 (0)	
3	6/57 (10.5)	
4	9/19 (47.3)	
OTA fracture type		0.745
Subcapital	2/18 (11.1)	
Transcervical	8/42 (19)	
Basicervical	6/48 (12.5)	
Pauwels angle		0.275
I	6/44 (13.6)	
II	8/37 (21.6)	
III	2/27 (7.4)	
Preoperative displacement(mm)	Continuous variable	<b>0.0000</b>
Age	Continuous variable	0.0639

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332 TABLE 3

333 Different risk factors compared with AVN. (% in parentheses)

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Post-operative displacement (mm)	OUTCOME	Odds ratio	p-value
	<b>Non-union</b>		
0-5	1.2%(1/82)	1.971014	0.5457
6-10	8.3%(1/12)		
11-15	11%(1/9)		
>15	40%(2/5)		
	<b>AVN</b>		
0-5	6 % ( 5/82),	3.915254	0.0665
6-10	8.3 % ( 1/12),		
11-15	55 % ( 5/9)		
>15	100% (5/5)		

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349 Table 4

350 Post-operative displacement increases the odds of development of non-union and AVN.

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Type of fixation	Non-union		p-value
	NO	YES	
Closed reduction with percutaneous screws	63 (58.3)	2 (1.8)	0.365
Open reduction with percutaneous screws	11(10.1)	2 (1.8)	
DHS	6 (5.5)	0	
Recon nail	18 (16.6)	1 (0.9)	
DHS+cannulated screws	5 (4.6)	0	
Closed reduction with percutaneous screws	63 (96.9)	2 (3.1)	0.066
Open reduction with percutaneous screws	11 (84.6)	2 (15.4)	
Closed reduction with percutaneous screws	63 (96.9)	2(3.1)	0.651
Recon nail	18(94.7)	1(5.3)	

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362 Table 5.Type of fixation correlated with non-union. (% in parentheses)

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Type of fixation	AVN		p-value
	NO	YES	
Closed reduction with percutaneous screws	58 (53.7)	7 (6.4)	0.136
Open reduction with percutaneous screws	8 (7.4)	5(4.6)	
DHS	5(4.6)	1 (0.9)	
Recon nail	17(15.7)	2(1.8)	
DHS+cannulated screws	4(3.7)	1(0.9)	
Closed reduction with percutaneous screws	58(89.2)	7(10.8)	<b>0.012</b>
Open reduction with percutaneous screws	8(61.5)	5(38.5)	
Closed reduction with percutaneous screws	58(89.2)	7(10.8)	0.976
Recon nail	17(89.4)	2(10.6)	

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369 Table 6. Type of fixation correlated with AVN. (% in parentheses)

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Post –operative displacement	AVN after closed reduction		AVN after Open reduction		p-value
	No	Yes	No	Yes	
0 mm	25(96.1)	1(3.9)	1(100)	0	<b>0.000</b>
1-5mm	24(96)	1(4)	6(85.7)	1(14.3)	0.177
6-10mm	6(85.7)	1(14.3)	1(100)	0	0.661
11-15mm	3(75)	1(25)	0	2(100)	0.583
>15mm	0	3(100)	0	2(100)	0.169

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378 Table 7.The occurrence of AVN after closed and open reduction factored with post-op  
 379 displacement (% in parentheses).

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Study	n	Nonunion	AVN	Risk factors assessed
Our study	108	5(4.6%)	16 (14.8%)	Postop displacement, <sup>383</sup> type of reduction, preop displacement, pauwels angle, gardens fracture type ,OTA fracture type, time to fixation
Haidukewych,G.J. 2004 <sup>2</sup>	83	6(8%)	17(23%)	Fracture displacement <sup>385</sup> and postop displacement
Upadhayay A 2004 <sup>17</sup>	92	16(17%)	15 (16.3%)	Posterior comminution, <sup>386</sup> reduction, screw placement, time to fixation 387
Jain,R. 2002 <sup>6</sup>	38	N/A	6 (16%)	Time to fixation
Jakob,M. 1999 <sup>5</sup>	50	18(36%)	N/A	Displaced/non-displaced <sup>388</sup>
Asnis,S.E. 1994 <sup>9</sup>	141	5(4%)	13(11%)	Garden fracture type
Dedrick,D.K. 1986 <sup>10</sup>	32	5(20%)	9(36%)	none
Tooke,S.M. 1985 <sup>11</sup>	32	1(3%)	6(18.8%)	Garden fracture type <sup>389</sup>
Protzman,R.R. 1976 <sup>12</sup>	22	13(59%)	19(86%)	none

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396 Table 8.Important studies conducted on femoral neck fractures. (% in parentheses)

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399 Figure legends

400 Fig 1.Kaplan-meier curves showing the time to occurrence of AVN.

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Figure  
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**Risk factors determining the outcomes in femoral neck fractures treated with internal fixation**

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